

HEALTH *for kids*  
HELP FOR PARENTS



**Lake Forest Pediatric Associates**  
Lake Bluff • Lindenhurst • Vernon Hills

# FAMILY-FOCUSED CARE

## *from newborns to teens*

At Lake Forest Pediatric Associates, we surround you with services for every stage of your child's development.

- Expert care from our pediatricians, nurse practitioners and registered nurses
- Personalized education
- On-site rapid lab testing
- Referrals to pediatric subspecialists, psychological services and dietary evaluations conveniently available at our location



### SHOP FOR A PEDIATRICIAN DURING YOUR SECOND TRIMESTER

Attend one of our "get acquainted" tours for expectant parents to see if Lake Forest Pediatric Associates is right for you and your baby. Visit [lakeforestpediatrics.com](https://www.lakeforestpediatrics.com) to learn more.

## The right care for every age

Our family-focused care begins with experienced physicians and nurses, supported by the latest advances in medical research, vaccines, medications and technology. Our team can help you through the important first months and years of your child's development and continue our care relationship into adolescence.

Our pediatricians and nurse practitioners work as a team on behalf of your child and you. That's why, for over 50 years, families have turned to us for our extraordinary expertise and wide range of services.

## Experienced team who knows how to listen

Our professional staff members provide the quality care your child needs and the advice and counsel you want.

- Our pediatricians are board-certified by the American Academy of Pediatrics and are on staff at Northwestern Lake Forest Hospital
- The practice is affiliated with the Ann & Robert H. Lurie Children's Hospital of Chicago (formerly Children's Memorial Hospital), one of the top children's hospitals in the country
- Our pediatric certified nurse practitioners hold master's level or higher degrees in nursing and advanced pediatric training
- Our administrative staff provides friendly support to the families we serve

*We are committed to your child's health  
and your peace of mind.*

Here when you need us

365 days a year  
24 hours a day

# COMPLETE CARE *for your child*

A visit to the doctor should be more than just weights, measurements and immunizations. Your child's emotional and cognitive development are just as important. We provide all the care your child needs, from regularly scheduled exams to specialized treatment.

**Well child visits** help us judge your child's growth and development and anticipate any potential problems. We are at your side for all your child's milestones—the first smile, steps, words and tantrums.

**Sick visits** for illnesses and injuries are available Monday-Saturday, 8-9 a.m. (without appointment) and every effort is made to schedule a same-day appointment for your child.



**School and sports physicals** can be conveniently scheduled to meet school and team deadlines.

**Flu vaccine** shots are available for all children by appointment.

**On-site, rapid lab testing** can be found at each office, providing in-house testing for flu, rsv, strep, urinalysis, lead levels, etc.

## INFO AT YOUR FINGERTIPS

We follow the recommendations of the American Academy of Pediatrics for routine well care checkups. Print out the well child checklists (listed by age) found in Patient Forms at [lakeforestpediatrics.com](http://lakeforestpediatrics.com) as you prepare for your next visit.

## Specialized care for healthy development

A wide range of consulting services are available near our offices.

- If your child requires a pediatric allergist or other subspecialist, these consults can be easily arranged with physicians located nearby
- A pediatric dietician can help with concerns about poor weight gain in infants and unwanted weight gain in older children
- Child psychologists are available for diagnostic evaluation and therapy



## Using technology to improve care

We use an Electronic Health Record (EHR) to rapidly, accurately and confidentially document and share your child's pertinent medical information. Our physicians and nurses can quickly access your child's record, update it, review key data with consulting specialists and streamline the plan of care. No matter which physician or location you use at Lake Forest Pediatric Associates, your child's EHR is just a click away.

As a parent, you can access selected portions of your child's EHR.

- Create your privacy-protected account at [lakeforestpediatrics.com](http://lakeforestpediatrics.com) for a secure look at your child's active prescriptions, allergies, immunization schedule and much more
- Your account allows 24/7 access to the Lake Forest Pediatric Associates Patient Portal for non-emergency questions, health updates and alerts
- Your portal is also a convenient resource for online prescription refills, appointment requests and other useful services

# A WEALTH OF RESOURCES

## *for parents*

Parents—new and experienced—need timely information and perspectives on good health. That’s why, in addition to offering quality care for your child, we serve as a strong support network for you.

**Responsive nurses** are important members of your care team, assisting you and your child during office visits and follow-up care. From completing medical histories to calming your child during exams, our nurses focus on your family’s health and well-being.

**Patient educators** (registered nurses trained in pediatric telephonic medicine) are a phone call away for prompt answers about illness questions and advice about normal growth and development issues.

**Business staff** provides invaluable support regarding appointments, insurance coverage and HMO/POS referrals. Lake Forest Pediatric Associates participates in many health plans.

- When you provide a current insurance card during your visit, we can bill your insurance company if we participate
- Copays must be paid at the time of each visit
- If we don’t participate with your insurance company, we accept credit cards, personal checks and cash for your convenience



### **MOST COMMON ISSUES ADDRESSED BY OUR PATIENT EDUCATORS**

- Toilet training
- Temper tantrums
- Sleep disturbances
- Healthy nutrition
- Immunizations

*We welcome questions!*



**Stay in touch**

**847.295.1220**

Fax: 847.295.1255

Email: [info@lakeforestpediatrics.com](mailto:info@lakeforestpediatrics.com)

[lakeforestpediatrics.com](http://lakeforestpediatrics.com)



## Select the location that's right for your family

We're open 365 days a year—with clinicians on call 24 hours a day—to provide the care you deserve. Morning sick call care is available without an appointment.

Our parents have streamlined access to services and do not need retail clinics, even after hours or over the weekend. From newborn visits to school/sports physicals to specialty consults, you will find it all at Lake Forest Pediatric Associates.

### Lake Bluff

917 Sherwood Drive, First Floor  
Lake Bluff, IL 60044

### Lindenhurst

2592 Grand Avenue  
Lindenhurst, IL 60046

### Vernon Hills

565 Lakeview Pkwy, Suite 105  
Vernon Hills, IL 60061

### Office hours

#### Sick call

No appointment needed  
Monday-Saturday, 8-9 a.m.

#### Scheduled appointments

Monday-Friday, 9 a.m.-5 p.m.  
Saturday, 9 a.m.-noon (*Lake Bluff and Lindenhurst*)  
Sundays and holidays, 8 a.m.-noon (*Lake Bluff location only*)  
*Vernon Hills office closed on weekends.*

### Business office

Monday-Friday, 7 a.m.-4:30 p.m.  
847.295.2260

**847.295.1220**

Fax: 847.295.1255

Email: [info@lakeforestpediatrics.com](mailto:info@lakeforestpediatrics.com)

[lakeforestpediatrics.com](http://lakeforestpediatrics.com)



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#### OUR PRACTICE IS AFFILIATED WITH

 Ann & Robert H. Lurie  
Children's Hospital of Chicago<sup>®</sup>

Northwestern  
Lake Forest Hospital